

Lane County Health Attitudes Survey

2022 Executive Summary

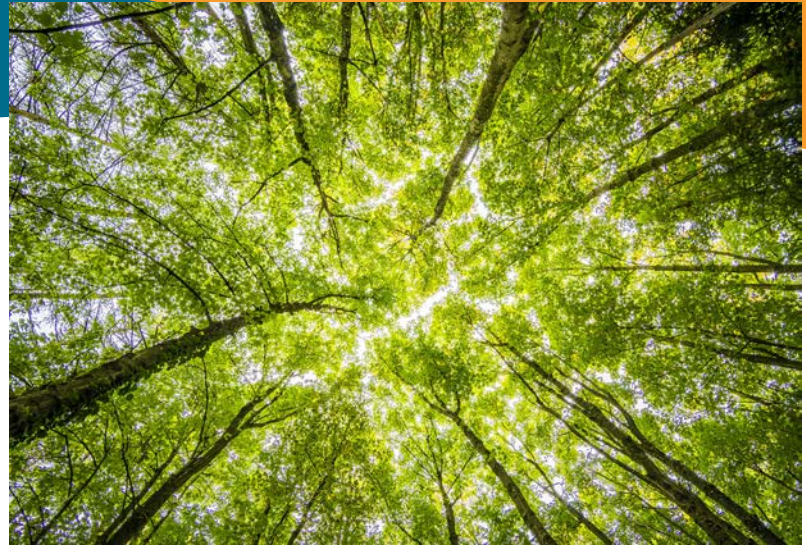
Since 1998, Lane County Health & Human Services has surveyed the people of Lane County about their health attitudes. This report is a summary of the main findings from the 2022 survey.

ABOUT THE SURVEY

Steve Johnson & Associates conducted this survey in 2022. Residents of Lane County were selected at random to take part in the survey. Respondents were contacted based on mobile and landline telephone numbers, and email addresses. About 42% of individuals were interviewed online.

HOW THE DATA IS USED

Lane County Public Health uses the data from this survey to understand the needs and attitudes of Lane County residents. This information is then used to inform the county of what decisions need to be made and what projects need to move forward. It can also help with policy recommendations and is used to improve health and well-being in Lane County.



Key Findings



Half of respondents believe people in Lane County are caring and sympathetic to people with mental illness.



Many respondents reported that their households do not have enough food to eat.



9 out of 10 Lane County residents think drug overdoses are on the rise in our community.



9 out of 10 respondents believe having four to five alcoholic drinks a day is harmful to one's health.



7 out of 10 residents think retailers should stop discounting flavored tobacco products.

SUGGESTED CITATION

Johnson, S., McCaslin, C. (2022). Lane County Health and Human Services 2022 survey. Eugene, OR: Steve Johnson & Associates.



PUBLIC HEALTH
PREVENTION

FOOD SECURITY

- 1 in 4 Lane County residents reported that they did not always have what they would have preferred to eat.
- Nearly 1 in 10 households reported that they do not have enough food to eat.
- 1 out of 5 families with children at home have some level of food insufficiency.
- 2 out of every 5 families with an income of \$25,000 or less sometimes or often did not have enough food for the children in the home.



SUGARY DRINK CONSUMPTION



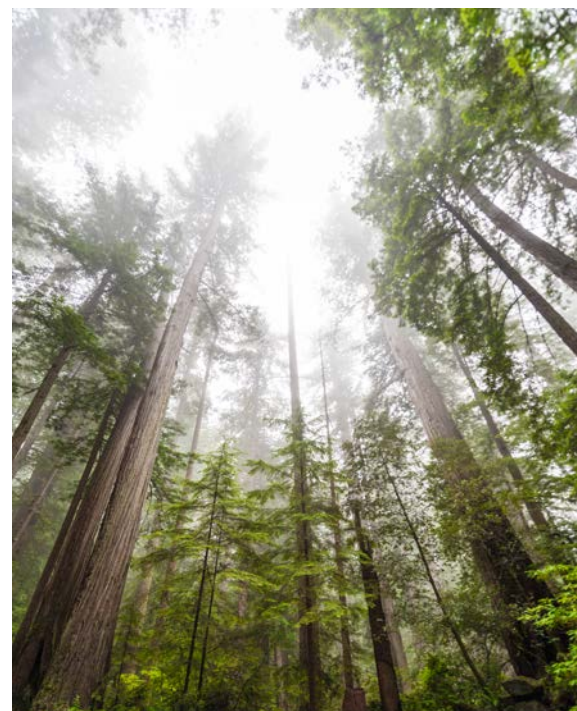
- 8 out of 10 of respondents think having more than one sugar-sweetened beverage per day is harmful.
- 7 out of 10 people believe the consumption of more than one sugary beverage per day is “somewhat” or “very” harmful.
- 6 out of 10 respondents are willing to pay more for sugar-sweetened beverages if the money goes to local efforts for childhood health programs.
- Many respondents oppose sugary beverage policies in retail (60%) and restaurants (54%).

SEXUAL HEALTH EDUCATION

- 1 in 4 people agree Lane County needs a more comprehensive program for preventing sexually transmitted infections.
- In addition to parents, the majority of respondents believe schools and healthcare providers should teach sexual health information to children.
- A majority of Lane County residents support school-based education to prevent unintended pregnancy and sexually transmitted infections; and promote healthy relationships and consent.
- 6 out of 10 people support including gender identity education in schools.

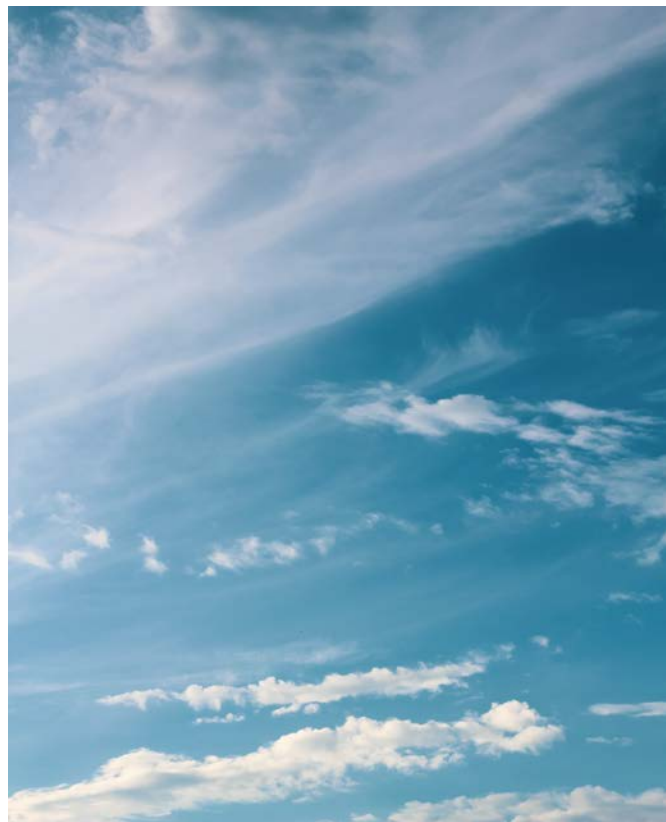
MENTAL WELLNESS

- 1 in 2 respondents believe people in Lane County are caring and sympathetic to people with mental illness.
- 9 in 10 respondents believe schools should reduce suspension and expulsion practices for mental health issues. Instead, people think schools should refer students to mental health and addiction services.
- 1 in 3 respondents believe schools are doing enough to support student mental health.
- 1 in 5 parents and caregivers who reported seeking counseling for their child in the past 12 months were unable to get it.
- Almost all of Lane County residents believe schools should use policies and procedures that support student mental health.



TOBACCO USE

- Nearly 8 in 10 respondents believe all businesses should be smoke- and vape-free.
- 8 in 10 respondents agree with expanding regulations that reduce secondhand smoke.
- In general, Lane County residents agree with restricting tobacco sales.
- 7 out of 10 residents think flavored tobacco sales should end.
- 6 in 10 respondents want to end discounts and coupons on tobacco products.
- Since 2018, there has been a 5% increase in support of a flavored tobacco ban and discount and coupon ban.



CANNABIS USE

- 9 out of 10 people think adults who use cannabis have a responsibility to keep it locked away from pets and children.
- Acceptance of recreational cannabis use has increased 26% since legalization in 2014.
- High school students using cannabis has become more acceptable, with 2 out of 5 people reporting it as "very wrong" compared to 6 in 10 in 2018.
- Compared to 2018, 15% fewer people in 2022 think cannabis use in pregnancy poses "a great risk" to the baby.

ALCOHOL USE

- Most Lane County residents (69%) are willing to pay an extra 25 cents per serving of beer and wine, if the money is used for local alcohol prevention and treatment services.
- 9 in 10 respondents think having four to five alcoholic drinks a day is harmful to one's health. This is an increase of 7% from the 2018 survey.
- About 1 in 5 people in Lane County believe it is wrong for youth ages 18-20 to consume alcohol. This percentage has doubled since 2009, when this question was first asked.

PROBLEM GAMBLING

- A small minority (3%) of respondents believe there is no risk in youth gambling.
- In 2022, 3 out of 4 respondents see gambling as a great or moderate risk to youth. This is 19% higher than in 2005, and 9% higher than in 2018.
- 2 out of 5 respondents reported knowing someone with a gambling problem.
- Nearly 3 out of 4 respondents see the expanded availability of sports betting as a risk for increases in gambling addiction.

DRUG USE

- 9 out of 10 Lane County residents think drug overdoses are on the rise in our community.
- Almost all residents think it is important for both parents and schools to provide effective drug education.
- Nearly as many people report neither parents, nor schools are successfully doing so.
- Almost 8 in 10 (78%) residents believe the internet and social media play a role in youth accessing drugs.